



*Discover...*



*New England*



**AmeriCan**  
& Worldwide Travel



*Discover...*



# *... New England*

The six States of New England are some of the United States' most historic and beautiful. Here you can enjoy a friendly and relaxed holiday whilst discovering quintessential villages and small towns with picturesque village greens, covered bridges and even lighthouses. Enjoy distinctive New England food, such as clam chowder and fresh lobster, especially along the coast where you can dine in rustic "lobster shacks" or fine restaurants.

There's no shortage of stunning vistas and photo opportunities in this scenic part of the US - from the sandy beaches and hidden coves of Maine to New Hampshire's magnificent White Mountains and Vermont's Green Mountain National Forest; from the rolling Berkshire Hills in Massachusetts and the heritage trails of Rhode Island, to Connecticut's gentle and pristine countryside. Whilst the whole region is particularly famous as one of the best places in the world to view brilliant autumn foliage colours, New England offers so much more to see and do. It's a great year-round holiday choice.

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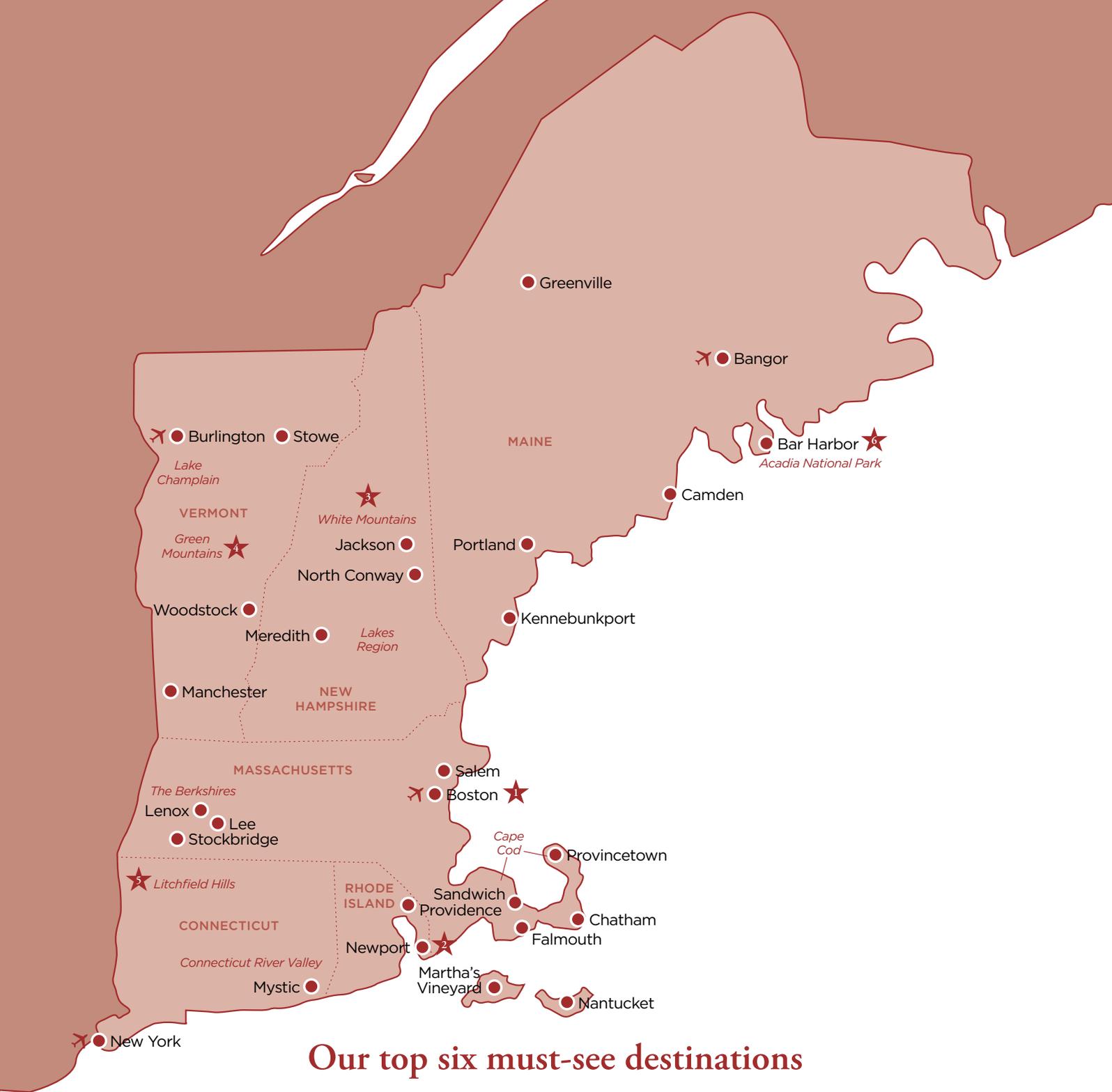
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**essential information**

**LOCAL TIME:**  
Eastern Standard Time (EST) - 5 hours behind GMT

**DIRECT INTERNATIONAL GATEWAYS:**  
Boston, New York JFK, Newark, Montreal and Toronto



## Our top six must-see destinations



Boston (Massachusetts)



Newport Mansions (Rhode Island)



The White Mountains (New Hampshire)



The Green Mountains (Vermont)



Litchfield Hills (Connecticut)



Acadia National Park (Maine)

# Discover...



## ... the Beaches

The southern part of **MAINE'S** coastline offers popular soft sand beaches. Ogunquit is one of the region's best, with a dramatic ocean walk and picture-perfect fishing cove with many lobster restaurants. Further up the coast is the town of Kennebunkport with more beaches, fascinating shops and boutiques, plus seasonal whale watching and kayaking.

**NEW HAMPSHIRE** has 18 miles of coast with beautiful beaches and the historic and fun city of Portsmouth. Not far away, the state's Lakes Region offers many beaches on clear, freshwater lakes and small ponds.

**MASSACHUSETTS** is one of North America's most popular beach destinations, with over 100 beaches on Cape Cod and the Coastal Islands. The northern side of Cape Cod faces the bay offering calm waters, ideal for families, while the ocean-facing beaches are popular with surfers. If it's an island experience you're craving, head to the islands of Martha's Vineyard and Nantucket, popular summer resorts and favourite getaways for US presidents and celebrities.

North of Boston is Cape Ann, Massachusetts' "other cape" which offers beautiful beaches between pretty fishing

coves. Ipswich's Crane Beach has 1,000+ acres of white sand, salt marshes and hiking trails. After a day in the sun, head to Essex for world-famous fried clams.

Many of **RHODE ISLAND'S** favourite beaches are located in South County, including Charlestown, Narragansett and Misquamicut State Beach. Or take a ferry to Block Island, regarded as one of Rhode Island's best kept secrets, with 17 miles of pristine public beaches along with historic inns, hiking trails and dramatic cliffs.

For quieter surf, head to beaches on Long Island Sound in **CONNECTICUT**, including Silver Sands State Park in the historic town of Milford (also famous for its annual Oyster Festival in August) and Hammonasset Beach State Park in Madison.

New England's "west coast" has beaches, too. They can be found on **VERMONT'S** 110-mile stretch of Lake Champlain, with stunning scenery and a shoreline bike path. The Sand Bar State Park in Milton offers many activities including hiking, kayaking and boating, and is great for families. Many of Vermont's other lakes, such as Lakes Willoughby and Echo, also have beautiful beaches.



# Discover...

## ... the Food



Prepare to taste some of the best of the north east in New England. The region truly abounds with talented chefs, many of whom are graduates of the New England Culinary Institute in Vermont and Johnson & Wales University in Rhode Island.

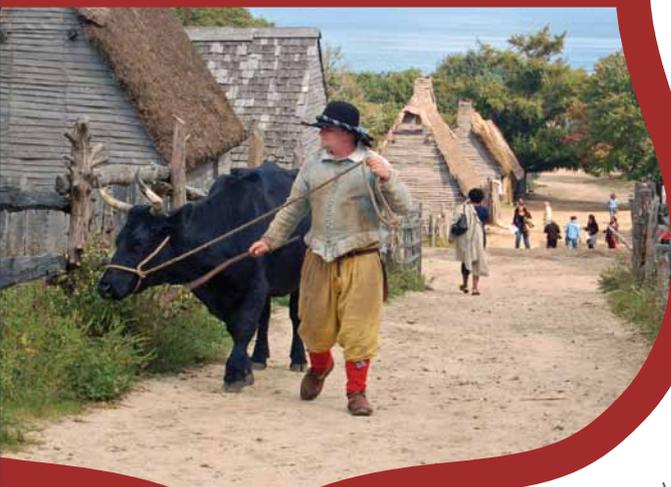
Visitors to New England are enchanted by the artisan cheeses found throughout the region as well as the sweet maple syrup produced in abundance and used in sweets and a variety of other products. Many restaurants incorporate local and organic produce in their menus to guarantee visitors a real taste of the area. New England is also known for its cranberries and wild blueberries – you can even watch them being harvested. But perhaps the most famous food is lobster plucked fresh from the sea. This lobster is meatier and sweeter than its counterparts in other regions of the world, and found year-round at restaurants especially along the region's coastline.

For sweet treats, New Englanders love ice cream so in summer you will find ice cream stands open at nearly every corner. Visit Ben & Jerry's Ice Cream Factory at Waterbury in Vermont and learn how Ben Cohen and Jerry Greenfield conquered the world with their fun flavours and eco-ideas.



# Discover...

## ... the History & Heritage



In creating our tailor made self drive holidays, we've worked hard to enable you to experience the true essence of New England. Every visit to the region usually starts or ends in friendly Boston - the birthplace of American Independence and the very seat of American history.

Walk the streets where the first calls for independence rang out. The two and a half miles of the Freedom Trail in downtown Boston are perhaps the most historic blocks in the United States.

South of Boston in Plymouth, Massachusetts, experience history at Plimoth Plantation where the year is always 1627. In a re-created village of the first Pilgrim settlement, you'll meet role-players portraying some of the founding colonists and speaking in original dialects. And on the scenic coast of Connecticut, learn about New England's seafaring history at Mystic Seaport where you can see the restoration underway of the Charles W. Morgan, the world's oldest remaining wooden whaling ship.



# Discover...



## ... the Scenery

Visit New England and discover the dramatic contrast between the coastline and the stunning White and Green Mountains. If you don't have time to travel in the autumn when the foliage is ablaze, don't worry as this is very much a four season region.

It's likely the White Mountains will be exactly what you expected in quintessential New England. Cold clear rushing streams reflect the bright green of summer or the blazing colours of the fall. Towering granite cliffs and soaring mountains often hug both sides of the road. Discover the history of the White Mountain Trail and beauty of the Kancamagus Scenic Byway. Be sure to experience the view from the top of Mount Washington, the highest peak in the north eastern US, accessed by The Cog, a mountain climbing railroad, or by a van tour. Or take the tram to the top of Cannon Mountain, a state park where you can walk the Rim Trail for panoramic views.

The lush foliage, white steeped churches, red barns and quaint New England towns of the Green Mountains in Vermont can feel as old

as time. In fact, much of the countryside hasn't changed a great deal since the Green Mountain Boys declared Vermont its own state 230 years ago. Take in much of the scenery on the Long Trail – the oldest long-distance hiking trail in the United States.

In Massachusetts, Mount Greylock is undoubtedly one of the highlights. At 3,491 feet in elevation, it is the highest point in the southern portion of New England and offers far reaching views of five states. It is also one of the most scenic mountains in the eastern United States. Or, in western Connecticut, take in picturesque lakes, rolling hills, interesting wineries, gentile shops and charming towns.

And finally, there's historic Bar Harbor, a bustling 19th century wealthy seaside resort located at the entrance to Acadia National Park on Mount Desert Island. Ranked as one of the top 10 National Parks in North America, this spectacular destination includes Cadillac Mountain, the peak of which is the first place in the US where you can see the sun rise each morning.



# Discover...



## ... the Outdoor Activities

**ZIP LINING** - The hottest new sporting activity in North America is now available at numerous New England locations. This fun and exhilarating adventure takes you on a ride through the air soaring over treetops and across ravines, while attached to cable lines in the safety of a harness.

**WHALE WATCHING** - From May to October the ocean waters off New England offer one of the best places in the world for a whale watch tour, where in warmer months many species of whales, including Humpback, Finback, Right and Minke, migrate to rich feeding grounds.

**CYCLING** - Quiet back roads dotted with peaceful villages and views of mountains, lakes and the ocean; New England is the perfect cycling destination. Throughout the states, many repurposed railway lines also offer new exciting cycle routes.



# Discover...



## ... the Shopping

Lovers of retail therapy will want to head out to explore New England's abundance of shops. You will find delights from designer clothing to locally-made crafts, as well as antiques and collectibles. Whether you want city sophistication or a traditional country store, an international name or a small boutique - you will find it in the six New England States.

Boston's Copley Place and Prudential Center offer famous retail stores, whilst upmarket Newbury Street and the trendy South End are famous for boutiques and galleries. Bustling Faneuil Hall Marketplace has nationally-known stores, plus 'pushcarts' selling one-of-a-kind hats, nightshirts, beads, jewellery and other must-have paraphernalia.

Shoppers in New Hampshire will love the fact that it's tax free. At the attractive Merrimack Premium Outlets just south of Manchester, discover 135 designer and named brand outlet stores all set around courtyards and fountains.

You must visit at least one of New England's other major designer shopping outlets, such as Clinton Crossing Premium Outlets in Connecticut or Vermont's Manchester Designer Outlets, in search of more deals in upscale stores.

Freeport, north of Portland in Maine, is the birthplace of the famous L.L. Bean outdoor gear brand and the location of the flagship store that first opened its doors over 100 years ago. In Rhode Island, the busy town of Newport has been home to craftsmen since Colonial times, and today both Newport and Providence offer exceptional shopping. In the New Hampshire town of North Conway in the White Mountains, you'll find plenty more shops and outlets to browse around. Church Street Marketplace, an open air mall in downtown Burlington, Vermont, also offers a selection of unique and eclectic boutiques to discover.



## An Introduction to our New England Self Drive Itineraries

AmeriCan & Worldwide Travel always try to appreciate that your holiday is as unique as you are, and so you may not immediately find exactly what you have in mind in a brochure or on a website.

Therefore, in addition to choosing from one of our many popular suggested New England self-drive itineraries, we can also tailor you a completely different trip by taking into consideration what you would like to see and do along the way, how far you wish to drive, and of course, not forgetting your budget.

Having decided on which New England States you wish to visit, we will then match your planned itinerary with your preferred standard of accommodation from the wide range of exciting hotels, small inns and other unique lodging options we feature.

With almost 25 years of experience in creating holidays to the USA, we often like to offer a few ideas and suggestions of our own too, which we hope will make your holiday even more enjoyable and memorable.

**Photo credits:** Cape Cod Chamber of Commerce; Connecticut Commission on Culture and Tourism; Discover New England; Maine Office of Tourism; Massachusetts Office of Travel and Tourism; New Hampshire Department of Travel and Tourism Development; Newport Convention and Visitors Bureau; Rhode Island Tourism Division; Vermont Department of Tourism and Marketing.

*We would like to thank all the photographers whose images contributed towards this brochure.*



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